



ENHANCED LYMPHATICS™- NEW CLIENT AND CONSENT FORM

Glow Health Wellness www.laketahoewellnesscenter.com

We welcome you!

A visit to a Naturopath may be different from any other health care practitioner visit you have had. We not only want to know about what initially brought you into our office, but we want to know as much as we can about you. Many challenges today are not caused by a single, specific event, but often are a compilation of many factors that have shaped your health over the years. We take all of this into consideration in working with you to help you achieve an optimal functioning lymphatic system.

I understand that:

The electro lymphatic modality (AL4), along with Enhanced Lymphatics™ techniques, the therapeutic use of essential oils and dry brush techniques are all considered natural wellness modalities under the practice of Traditional Naturopathy.

A Naturopath specializes in wellness. Teaching clients how applying natural lifestyle approaches can act to facilitate the body's own natural healing and health building potential. The traditional naturopath does not undertake to "diagnose" or "treat diseases," "or cure," but rather recognizes that the majority of sub-health conditions are cumulative lifestyle effects, and that the underlying cause of what we call "disease" (or, "dis-ease") is improper diet, unhealthy habits, and environmental factors which cause biological imbalances leading to a weakening of the bodies' natural defenses and subsequent breakdown in health. The practice of Traditional Naturopathy is not considered the practice of medicine and is currently legal in all 50 states.

The practice of Traditional Naturopathy is recognized as a common occupation at the Federal level (U.S. Congress 1928, 1929, 1930 and 30 Federal Court rulings between 1958 and 1978) and as such it is a profession protected under the 14th and 9th Amendments of the U.S. Constitution. Several states have also made this stipulation either by statute or in the Courts.

Naturopathic Doctors Act in Section 3645 of B&P Code, you must be educated and trained to claim to be a Naturopath, Traditional Naturopath or Naturopathic Practitioner. The CNCB was created to provide the public with educated and trained practitioners in naturopathy. A California Certified Naturopath is an individual who has shown competency through practicum and testing in the practice of naturopathy. Anastiscia Lang is a Board-certified Traditional Naturopath with the California Naturopathic Certification Board and is a sitting member on the Board.



ENHANCED LYMPHATICS™ RELAXING NON-INVASIVE PAIN FREE DETOXIFYING

Our Lymphatic system is key to sustaining homeostasis throughout our bodies. It works silently and consistently to maintain fluid balance while serving as a main pathway for eliminating toxins via our lymph nodes.

Enhanced Lymphatics™ is a gentle, light touch non-invasive technique to stimulate the proper flow and drainage of the lymphatic system. A combination of vibrational, light, and electrical waves helps to stimulate the flow by causing the dissociation of proteins that have become trapped in the interstitial tissues. When trapped proteins (not to be confused with nutrient proteins) release their bond, the stagnate lymph is liberated and will flow out into its normal filtration and reabsorption channels.

It is the latest invention for lymphatic drainage. An electronic device that uses therapy heads containing noble gases in glass tubes. The gases are excited (ionized) by a high voltage field at low current (amperage). The therapy heads emit various fields of energy when touched onto the skin. These vibrational energies are (1) an electrostatic field, (2) this field 'dynamically pulsed' at low frequencies to create acoustic waves, and (3) and an electro-pressure field is created using four therapy heads on various locations.

The ELT electromagnetic pulses can penetrate deeper into the body reaching areas that would normally not be reached without this modality.

Lymphatic flow can stagnate for many reasons, such as swelling, chronic inflammation, disease, improper diet, lack of physical activity, stress, poor circulation, fatigue, emotional shock, age, and poorly fitted under garments worn for an excessive amount of time. When lymphatic circulation slows down, the regeneration of cells becomes less effective. This condition allows toxins and proteins to accumulate around the cells, causing cellular oxygenation to decrease and tissue regeneration to diminish.

The lymphatic system absorbs fluid, macromolecules, microorganisms, toxins, waste products and foreign substances from the interstitial tissue. Numerous substances (electrolytes, proteins, hormones, toxins, debris) and immuno-competent cells (lymphocytes, macrophages) pass through the regional lymph nodes, where this fluid is filtered, purified and concentrated. It is our body's sewage pump system.

Practitioners can facilitate nature by stimulating the natural peristaltic contractions of the layers of muscles located along the lymphatic pathways also known as lymphangions. These healing frequencies break up congestion, re-balance the cells and enhance your immunity



maximizing cellular repair functions by amplifying the detoxification process within the tissue fed by the lymph. Stagnating fluids, toxins and wastes will be drained through the flow of lymph; therefore, this type of circulation will accelerate all healing processes from the deep to the superficial lymphatic system. During this passage the body can generate production of more lymphocytes to reinforce immune response and accelerate contact antibodies/ foreign substances. Sessions are non-invasive painless, relaxing and revitalizing. Since lymphatic organs plays an important role in the immune system, the proper flow of the lymphatic fluid can positively impact many conditions faced by our clients.

INFORMED CONSENT TO ENHANCED LYMPHATICS™ SESSIONS

_____ I understand the purpose Enhanced Lymphatics™ is to optimize overall wellness and lymphatic function. I understand I am encouraged to take charge of my own wellbeing and the Holistic Health Practitioner encourages and assists the WHOLE person to reestablish balance through removing obstacles to health by practicing healthy choices and eliminating the underlying causes of illness. I understand natural health practices such as electro lymph drainage means supporting the body into a healthier systematic balance and lifestyle practice.

_____ I have reviewed the written information about the sessions and modalities used with an electro lymph session and will go over any questions and or concerns with the Holistic Health Practitioner.

_____ I have been informed that a detox reaction is rare but may occur as a result of the electro lymph session and have been informed as to what types of detox may occur but are not limited to the discussed.

_____ I have the opportunity to discuss with the Naturopath the nature and the benefits and understand results are not guaranteed and differ according to individual. I have been informed that I may stop the session at any time.

_____ I do not expect the Naturopath to be able to anticipate all risks and complications. I wish to rely on the Practitioner to exercise judgement during each session as the Practitioner feels is best, based on the facts I have provided. I affirm that I may be advised by the Naturopath to consult an MD or HMD, DC, DO, or other health care professional /specialist regarding conditions beyond the health and wellness of the lymphatic system.

_____ I understand Enhanced Lymphatic™ is NOT therapeutic muscle massage, nor therapeutic massage of any kind, but electro lymphatic drainage though the Action Lymphatics AL (4) with Enhanced Lymphatics™ additional techniques, dry brushing and essential oils to effectively drain lymph fluid. I understand the Naturopath IS NOT a registered massage therapist as therapeutic massage is not performed during these sessions and Enhanced Lymphatics™ sessions DO NOT take the place of a therapeutic massage treatment.



_____ I understand Enhanced Lymphatics™, nor the Naturopath serves to diagnose, treat, or cure any disease, nor does electro lymph drainage replace any needed services of a licensed medical doctor. It's important to note that Traditional Naturopathy does not permit a Naturopath to make claims that he/she may diagnose, treat, cure or prevent any disease. However, the Naturopath does address bodily systems concerns and does "recommend" lifestyle changes and products that can assist clients in their quest to get well and stay well.

_____ I understand essential oils and lymphatic drainage herbs are used in this session for health and wellness and do not serve to diagnose, treat, or cure any conditions. I understand I have the option to decline the use of essential oils.

_____ I understand that Enhanced Lymphatics™ is provided for health and wellness optimization ONLY and no sexual solicitation is tolerated nor is there any sexual connotation or practice involved in these sessions.

_____ I hereby request and consent to the Enhanced Lymphatics™ sessions and other modalities within the scope of practice by the Naturopath.

_____ I understand time is valuable and out of respect for staff and other clients, I am aware that **I am responsible for my allotted session time and time cannot be extended beyond that.**

_____ I understand there will be a fee of 50.00\$ for missed appointments that are not due to emergencies or are not cancelled 24 hours in advance.

_____ I understand that Enhanced Lymphatics™ should not be performed under these conditions: You have a heart condition. You have kidney failure. You have liver disease. You have blood clots or a recent stroke. You have a serious current infection. You are pregnant. You have a pacemaker. **I do not have any of these conditions.**

FOR THOSE TREATING CANCERS and in REMISSION- You must have the pre-approval in writing of your Oncologist or Medical Doctor treating you for cancer to undergo Enhanced Lymphatics™

_____ I have informed my Oncologist and or my primary licensed medical doctor (MD) I am working with,

_____ hereby named, that I am taking part in Enhanced Lymphatics™ and the modalities used within the scope to perform such work and I have the above medical professional's consent to do so. I understand results differ according to the individual and individual circumstances and that the Naturopath is not able to anticipate risks and complications.

Oncologist/ Medical Doctor Signature, address, and phone number:



Signature _____

Cancer Type:

Cancer Treatment:

Number of months in treatment:

Are you in remission?

Onset of remission:

How long:

_____ I understand I am responsible for payment in full at the time/day of session.

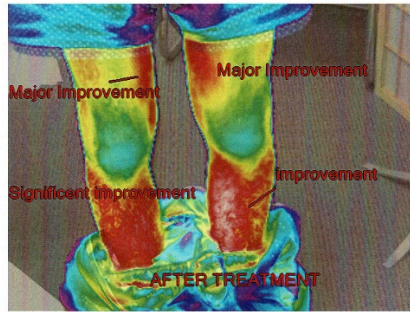
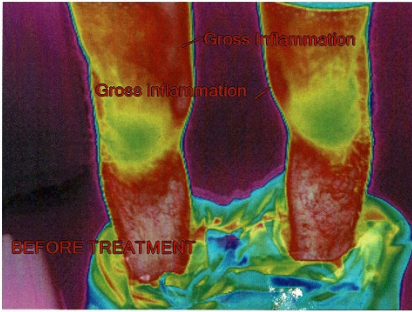
I _____, as a mature adult
have read the disclosure statement and understand the limits of these sessions.

I voluntarily seek Enhanced Lymphatics™ and have read and understood the modalities
explained to me and provided by the Naturopath for myself,

or as the parent/guardian of _____, who is
receiving the services. (if under 18 years of age).

Signature: _____

Date: _____



THERMOGRAPY BEFORE SESSION

THERMOGRAPHY AFTER SESSION

Name:

Date:

Address:

Email:

Phone:

Emergency Contact Information:

Age:

Date of Birth:

Occupation:

Have you been referred by Dr. Fong as part of the Lyme Disease Protocol? YES NO

Primary Care Physician/Phone/Address:

PLEASE ANSWER QUESTIONS BELOW TO HELP US PLAN YOUR SESSION

Are you on any blood thinning medication?

Do you have a known thrombosis or clotting disorder of any kind?

Have you ever been diagnosed with a blood clot? When?

Do you have epilepsy?



Do you have HYPER thyroidism?

Do you have asthma?

Are you suffering from attacks within the last 2 days?

Are you allergic to ANY creams/oils/nuts/essential oils/scents?

Are you pregnant? If YES, what month are you in?

Are you currently taking ANY medications?

Do you do recreational drugs, if so please list and list frequency.

Do you smoke or vape?

List Vitamins and natural supplements you are taking.

Do you have high or low blood pressure?

Do you have any type of medical device or replacement part in your body? If so what/where and the material?

Do you have breast implants and if so what type? And when were you implanted? Any known symptomology related to the implants?

Do you have any known allergies, please list them.

Do you wear: contacts/glasses/dentures/hearing aids/ any prosthetic



Do you have any of the following: Please circle and give details.

open sores/wounds/easy bruising/artificial joints/skin conditions/rashes/TMJ/sprains/strains/broken bones/joint issues/arthritis/osteo issues/injuries/back problems/hip problems/ contagious diseases/cough/ sore throat/ nasal issues/ asthma/headaches/migraines/ kidney or liver issues/edema/cellulitis/ seizures/plastic surgery/organ transplant/fractures/fever/dizziness/vertigo/fatigue/chest pain/heart issues/epilepsy/circulation issues/GI issues/neck issues/nausea/heart attack/stroke/menstrual issues/cholesterol issues/ pre or post-menopausal / diabetes/ long haul COVID symptoms/ neurological issues/mental health challenges/swollen glands/skin sensitivity/ EMF sensitivity/or OTHER you would like to mention._____

Surgeries_____

NOTE: If you have undergone ANY RECENT SURGERY, you must have pre approval by your medical doctor to take part in electro lymphatic sessions.

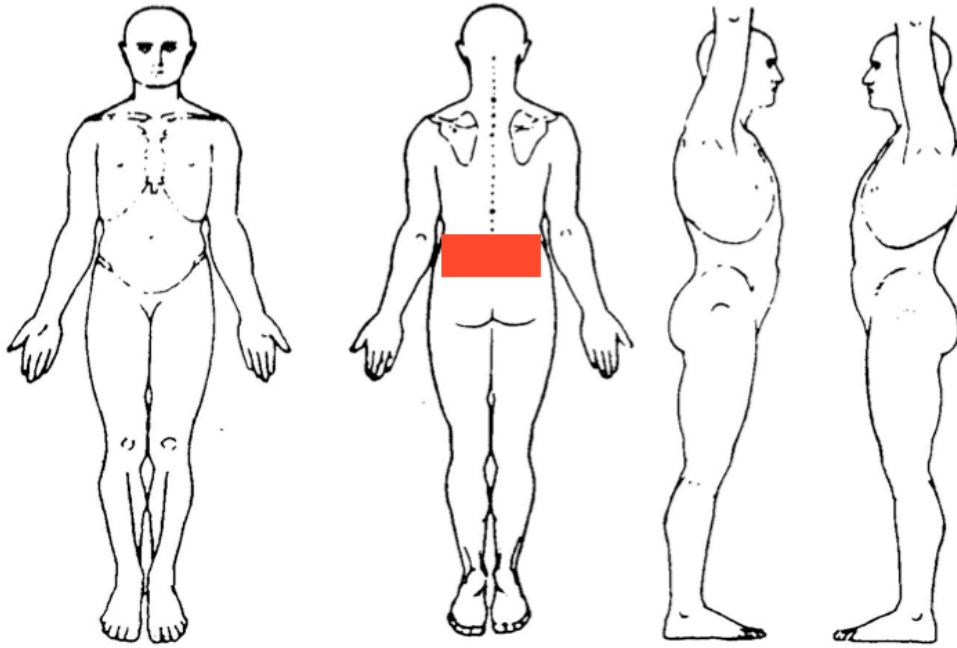
Do you use ANY OF THESE PRODUCTS THAT ARE NOT ORGANIC?

Deodorant/shampoo/hair treatments/sunscreen/sunblock/oils/lotions/soaps/nail products/laundry products/sprays/scents?

Any other additional information you feel is important?

Please describe your main complaint related to lymphatic health and the severity.

If you have pain, indicate with a P, inflammation, indicate with an I and please note where:



OTHER INFORMATION: